

January Menu 2012

Apple and Coconut Chicken Curry

Curry lovers take notice: our twist on traditional Curry adds pieces of apples, raisins and shredded coconut with lightly coated chicken chunks. Serve over Basmati rice provided and top with chopped peanuts. Even better, it's easy and fool proof to cook in the crock-pot! (Crock-pot)

Argentine Style Burgers with Chimchurri Sauce

These amazing burgers are topped with an even more amazing sauce! Ground beef seasoned with onion, jalapeno (if you like), cumin, oregano, cilantro & more. Serve these stove top prepared or grilled in a bun or pita pocket with lettuce, onion and topped with a tablespoon of the Chimchurri Sauce. Our kids loved them! (Stovetop/Grill)

Chicken Breast in Caper Cream Sauce

A family favorite. These boneless skinless chicken breasts get the full flavored treatment; smothered in a creamy caper and dill sauce and seasoned with lemon pepper. (Stovetop)

Crab and Swiss Cheese Quiche *(Thaws quickly)*

This quiche is sure to impress with its creamy mixture of imitation crab and Swiss cheese. Serve it for a weekend brunch or an easy week night dinner. This is a full portion entrée only. Counts as two halves. (Oven)

Creamy Chicken Chowder with a Kick *(Thaws quickly)*

This thick and creamy chowder with southwest flavor has chunks of potato, mild green chiles, corn and white meat chicken. Perfect for warming a cold night or taming a hearty hunger. (Crock-pot or Stovetop)

Ham and Cheese Stomboli

These hearty sandwiches feature chopped ham, salami and three cheeses with roasted red peppers. What's not to love! (Oven)

Layered Enchilada Dinner

Fix it and forget it...for about 4-5 hours anyway! When layers of up these delicious ingredients in your crock pot, one wonderful and easy dish is the result. Lean cooked ground beef, corn tortillas, Monterey Jack Cheese and more. (Crockpot)

Hot Ginger Beef

The traditional Asian flavor of ginger is stir fried with baby carrots, bok choy, water chestnuts and more in a hoisin based sauce. Red pepper flakes add an extra zip! Served over rice provided. (Stovetop)

Melt in your mouth Beef

Tender chunks of beef simmer in your crock-pot with butter and our special onion spice mix. This is a dish the whole family will love. Serve over egg noodles provided. (Crock-pot)

Rosemary Roasted Pork Tenderloin

Juicy, lean pork tenderloins are cooked in a marinade of apple juice, Dijon mustard, fresh rosemary and garlic. Cooking at a lower heat keeps it moist and extremely flavorful. Delicious! (Oven)

Savory Chicken Puffs *(Thaws quickly)*

A creamy chicken mixture is nestled inside buttery pastry that bakes up nice and brown. These individual bundles make an impressive presentation but your family will appreciate the flavor even more. (Oven)

Shrimp Manale

Serve this simple broiled shrimp with lots of crusty French bread that we provide. You'll need it to soak up the glorious garlic butter sauce! (Oven or Stovetop)

Turkey Minestrone *(Thaws quickly)*

Healthy, warm and hardy, this soup is packed with sausage, turkey, vegetables, kidney beans and pasta. We love it and it is served often at our house! Quick cooking. (Stovetop)

Breakfast Burritos *(Can be cooked from frozen)*

An easy breakfast for those "get out of the door" quick days! Eggs, sausage, cheese, and a mild salsa wrapped in a tortilla make nutritious and tasty burritos. Eat on the go! (Bake or microwave)

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